



# The Capon Weekly

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Saturday, August 29, 2009

CAPON SPRINGS, WV

## Celebrations

### BIRTHDAYS

8/29 Ruth Chandeysson  
8/31 Julie & Connor Hohl

### ANNIVERSARIES

8/28 Charlie & Dawn  
Maddox



8/28 Jim & Carol  
Cottos

## Families

Three generations of these clans found their way back to Capon this weekend: Chandeysson, Hennessey, Maddox, Moore, Shire, Walsh and Zimmerman. The Mosley family is represented by four generations!



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## Sporting good time!



Tuesday's mile race had just enough runners to make the last competition of the season a success. Jon Son led from start to finish crossing the line in 6:22. The Price family all participated as father Rob was the "stickman" at the finish line to keep all the places in the proper order. His daughter Samantha was the first female across the tape in 8:13. Both his wife Georgia and youngest daughter Gabby were the only female age group winners. For the males, Ryan Schott and Roy Maddock took top division spots, while 5-year old Anthony Plunkett earned the best effort award.

On Tuesday and Friday mornings, a small but spirited gang of kids showed up for Kids Kamp to learn about the natural world and to play games. On Thursday, only 4 kids had signed up for the shuffleboard tourney, so some last minute recruiting was attempted at breakfast. The result: 16 more kids were encouraged by their parents and grandparents to give it the old Capon try. After some second thoughts, only two dropped out, so 9 teams of two pushed their best for shuffle glory. Charlie Blackwood and Gabby Price shuffled past several teams to reach the semis. But just before the next to last match, Gabby bumped into a lit punk stick and burned her leg. Macon Emory filled in to complete the foursome. Still Ryan Schott and Katharine Moore scored more to reach the finals. There they met Aidan O'Malley and Carter Ware, who improved in every match leading up to the last game. However, they were no match for Ryan's fast scoring. Two rounds of 15, and the magic 30 was reached by Ryan and Katharine for the win.

On Thursday afternoon a full flight of 16 pongers showed up for the all-comers table tennis tourney. Young upstarts Charlie and Henry Blackwood advanced through the early round before coming up against two strong adult players. The Moore family was in full attendance as three generations participated. Father/daughter and husband/wife combos were hard to avoid as their strong skills meant they would advance to play against each other. The championship was all Moore relations as Will ralleied against brother-in-law Latane Ware. But before Will had that opportunity, he had to eek out an overtime win in the semis over David Terao. Will took that momentum and won the title of King Pong, defeating Latane 21-11.



Unlike last year when only a few players showed up Friday afternoon for the traditional free throw tourney, guests volunteered to meet the minimum 15 shooters required for the event. Charles Jacks made six for the win, well ahead of four made by Savannah Maddox, Katharine Moore, Michelle Patrick and Doug Patrick. In a shootout for second, Doug won in double overtime.



# Summer is over... and Fall is just around the bend...



Next weekend is Labor Day, and space is still available **even just for one night**. Here's a chance for your family and friends to try Capon over a holiday weekend! Off-season rates start Labor Day Monday, with the first of two remaining four-night specials: September 7-11. Also, during most weekdays in September and October, everyone can enjoy daily rate savings.

To lead off the educational and entertaining programs scheduled this Fall, five days of crafting begins Monday morning, September 7. Both golf lessons and a revamped wellness program return for autumn action as well. The traditional water color painting and bridge playing will fill out the rest of the instruction. By the end of the month, apple butter making will take over as the activity of choice.



Guests can join in the fun of stirring the hot mixture in large copper kettles.

In October, the leaves start to turn and guests have one more opportunity for a four night special, October 18-22. During this stretch, the added treat is a dance featuring the jazz sounds of the Red Arwood Band. For those looking to spend Halloween in a special way, come for the Capon classic celebration. Costumes, pumpkin carving and the traditional "Attaboy Luther" film festival mean a closing weekend extravaganza you will never forget.



Looking for a way to share Capon with your friends? Ask for a copy of the Capon DVD. This 7-minute feature is packed with bonus material including footage taken from the 1930s and 1940s. Or set up a Capon road show! Jonathan will come to your area and provide a presentation about Capon's past, present and future as well as Capon giveaways of food, fun and a free night stay!



## Weddings abound



The fifth of eight weddings to be held at Capon this year took place at the bandstand Monday morning at 10:30 am. Gail Stickloon and Bob Heller tied the knot in front of Gail's two sisters and their husbands as well as Gail's father Ed Honiker. This gathering had connections with two generations of the Austin family. Bob is an old war buddy of Ted Austin, and Jonathan Bellingham, as a wedding celebrant, served as the officiant for the ceremony.



Not wanting to wait to start their honeymoon, the newlyweds took advantage of the Hygeia Bath House and Spa immediately after the ceremony, and both of them experienced healings. "My wife went in for a facial and when she came out, her back and hips were fixed!" exclaimed the happy groom.

Already four destination weddings are scheduled in 2010 and openings exist for several more, especially in May and June. The bandstand on the Main lawn and Sunset Lodge on the golf course are the locations of choice for the many Capon couples.



## Words from Capon founder Lou Austin from his children's book:

**"The Little Me and the Great Me"**,  
 "When THE GREAT ME helps somebody else, THE GREAT ME feels good from the inside out. The sad time passes away more quickly. THE GREAT ME changes sad times to happy times. The Little Me cannot change sad times to happy times. Nobody is happy with the Little Me around, anyway. So, if the Little Me sneaks in, I will give a good blow. And the Little Me will go far away." p. 23



*Patty Austin has been treating Capon kids of all ages to this children's classic with special readings in the Main living room. Everyone is invited to come listen after dinner Saturday night at 7:15.*

Do you live close enough to come for one night over the Columbus Day weekend? **Try Sunday, October 11. Reservations are available in most locations!** Here's your chance to enjoy the big Sunday lunch with roast beef and duck and the Columbus Day weekend Film Festival later that evening. If you can stay through dinner Monday, you can enjoy the Chicken Barbecue on the golf course at Sunset Lodge!