

## Golf Benefit



For the 4th straight year, Gail Smith has organized a golf outing for Sunday afternoon to raise money for the Michael J. Fox Foundation, in order to celebrate the life of her mother, Dot Moorhouse. With visits of a month or more every Spring and Fall, Dot (affectionately known as Mrs. Mo) was the undisputed queen of Capon visits with 1492 nights spent here. Once again, best ball foursomes will enjoy a friendly battle for Apple Butter and non-golfers will socialize at the first tee, while raising money to find a cure for Parkinson's.

## Token tales...

After five months of hiding 75th anniversary tokens around Capon, Glenn Austin is running out of places to put the commemorative coins. Yet eight people, both by actively seeking and accidentally stumbling, have come across these wooden treasures. At breakfast, winners have the chance to receive anniversary items, behind the scenes tour, spa visits and golf fees.

## Celebrations



### BIRTHDAYS

10/5 Adele Dingfelder 10/5 Juliette Stewart  
10/6 Dave Meininger 10/7 Jane Brunson  
10/7 Carl Mancini 10/8 Jennifer Pryce

### ANNIVERSARIES

10/5 Bill & Cindy Donovan  
10/6 Dustin & Jennifer Strobel  
10/6 Chris & Katie Ausec  
10/9 Alan & Nancy Proia  
10/11 Mick & Sally McGinnis

### *The Capon Weekly,*

house newspaper of  
Capon Springs and Farms, Inc.

P.O. Box 0, Capon Springs, WV 26823  
(304) 874-3695,

is published weekly in the summer, monthly in the spring and fall. Circulation: 150. Back issues are in binders in the library.

Managing Editor: Jonathan Bellingham;  
Proofreader: Tom Austin  
Production: Retta Lockwood

## Generational Gatherings

This weekend several families are represented by members of three generations: Baldwin, Bedner, Boyle, Childs, Dingfelder, Horst, Kates, Kershenstein, Lindeman, Meininger, Mentzer, Moody, Murphy, Perkins, Sella, Webster and Williams. The Finneran and Adams families are four generations strong!



## HYGEIA HAPPENINGS!

Many guests signed up early for all the relaxing services at the Hygeia. Now you can choose from five different aromatherapy treatments (how about peppermint?) when you take a soak in a 500 gallon bath of Capon water heated to 102 degrees. Why not try the swimspa where you can swim or relax in the comfortable 84 degree exercise pool? Need bodywork? Try a massage, facial or reflexology session. All of these services are still available for Sunday and Monday.

## What's coming up in 2008?!

After tackling the upper end of the Pavilion renovation last winter, this off-season's maintenance project involves reconfiguring the stage area of the Meeting House to create another medium sized room for retreats, family parties and special TV events. This construction will involve tearing up the badminton area, which means the courts will receive new all-weather surfaces similar to the upper tennis courts.

## Looking for exclusive use next year?

Beside our usual May and October weekday openings, there are two weekends during our season when you can have your own private Capon. What better way to enjoy a destination wedding than to reserve Capon from **May 30-June 1 or September 12-14!**

## Pick a new 3-day program at Capon?

Along with the annual favorites of bridge, watercolor and wellness sessions in the Springs and Fall, we have an opportunity to add two new weekday programs. Let us know what you would like to see offered at Capon and we will do our best to make it happen!